

ADULT CONTINUING EDUCATION

The ACE Program provides a structured and specific group environment for adults to improve their tennis game. The focus of the program is on stroke development, proper court movement, positioning, strategy and tactics. Students are classified based on the N.T.R.P. rating system described below:

1.6 – 2.0

(Beginner – Advanced Beginner)

This player may have played some tennis before but still needs instruction on the basics.

2.1 – 3.0

(Advanced Beginners – Lower Intermediate)

This player is developing consistency in their ground strokes and net play and is working on basic tactics.

3.1 – 3.5

(Intermediate)

This player can be consistent but lacks control when going for power and is still working on variety of paces and spin.

3.6 – 4.0

(Advanced Intermediate)

This player is developing all of the shots with power and spin. He/She is usually in position.

4.1 – 4.5

(Advanced)

This player has the power and the agility to cover the entire court with equal ease.

WESTSIDE
TENNIS & FITNESS

1200 WILCREST ♦ HOUSTON, TX 77042

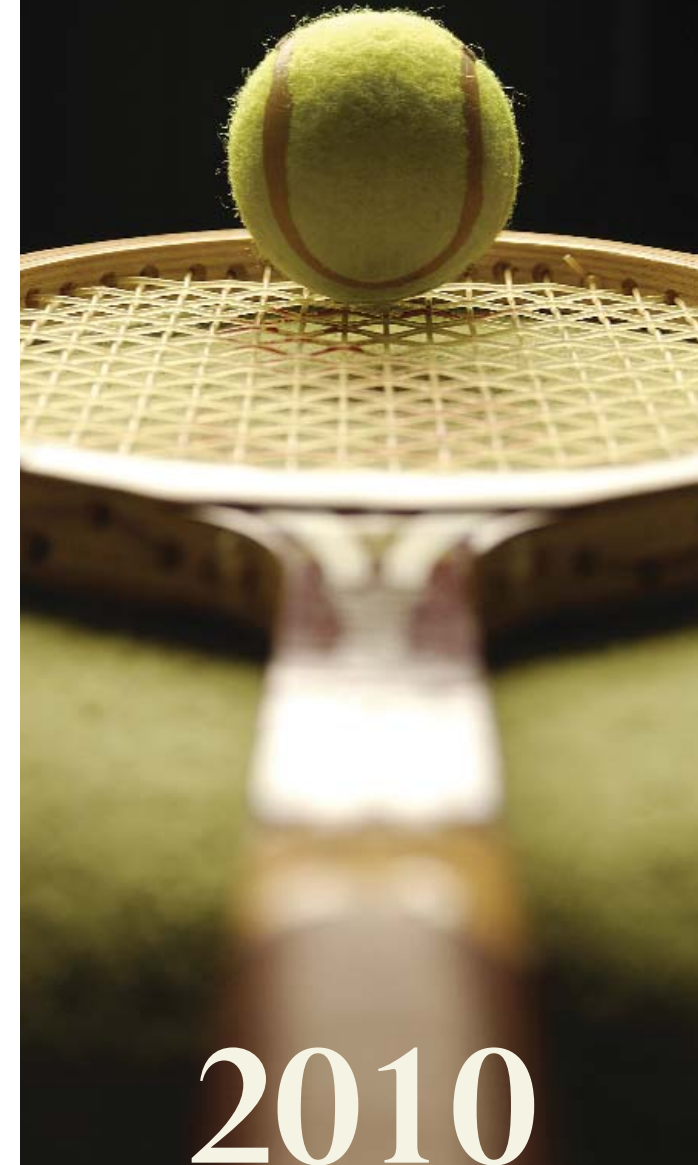
713.783.1620

westsidetennisandfitness.com

ACE

(ADULT CONTINUING EDUCATION)

PROGRAM



SCHEDULE OF CLASSES

1.6 – 2.0

| <u>DAY</u> | <u>TIME</u> | <u>PRO</u> | <u>CODE</u> |
|------------|-------------|------------|-------------|
| Tuesday | 11:30am | Evghenii | 510 |
| Sunday | 2pm | TBD | 511 |

2.1 – 3.0

| | | | |
|-----------|------|----------|-----|
| Monday | 12pm | Evghenii | 520 |
| Tuesday | 10am | Evghenii | 521 |
| Wednesday | 1pm | Rex | 522 |
| Wednesday | 8pm | Leslie | 523 |
| Thursday | 11am | Sarah | 524 |
| Sunday | 1pm | Rex | 525 |

3.1 – 3.5

| | | | |
|-----------|------|----------|-----|
| Tuesday | 9am | Sarah | 530 |
| Wednesday | 8pm | Rex | 531 |
| Thursday | 10am | Evghenii | 532 |
| Sunday | 3pm | Evghenii | 533 |

SCHEDULE OF CLASSES

3.6 – 4.0

| <u>DAY</u> | <u>TIME</u> | <u>PRO</u> | <u>CODE</u> |
|------------|-------------|----------------|-------------|
| Monday | 1pm | Evghenii | 540 |
| Tuesday | 7am | Sarah | 541 |
| Tuesday | 11:30am | Rex | 542 |
| Wednesday | 1pm | Leslie | 543 |
| Wednesday | 7pm | Leslie | 544 |
| Thursday | 9am | Nigel/Evghenii | 545 |
| Sunday | 3pm | Leslie | 546 |

4.1 – 4.5

| | | | |
|----------|--------|----------|-----|
| Monday | 7:30pm | Leslie | 550 |
| Monday | 8pm | Evghenii | 551 |
| Thursday | 7am | Evghenii | 552 |
| Friday | 9am | Jim | 553 |
| Saturday | 11am | Jim | 554 |

ADDITIONAL INFORMATION

Classes are a minimum of 4 and a maximum of 8 participants.

Make-up of any missed classes must be scheduled with Nigel Waithe or Leslie Banks and must be made up during available times at the class level during the same session.

REGISTRATION

Please detach and return to front desk of club or register online at westsidetennisandfitness.com.

Name: _____

Member Number: _____

Contact Phone: _____

E-mail: _____

8 Week Session — 1 Hour Each Class

Dates:

June 1 - July 26

Fees:

Each Regular Session \$110

Early Bird and Night Owl Discount of \$10 for 7 or 8am and 8pm or Later Classes.

There will be no class on July 4.
Enrollment is done on a first-come basis.

First choice: Code _____

Second choice: Code _____